

28 September 2022

Healthy sports funding keeps kids well nourished

Fifteen sporting clubs and district associations will share in \$40,735 in funding from Healthway's Healthy Sports Program to implement healthy eating initiatives and improve canteen facilities.

Sport clubs and district associations can apply for up to \$4,000 in funding through the program to assist with creating and promoting a healthy and nutritious environment including healthy food options, free water, and non-display of sugary drinks.

Mirrabooka Squash Club, which received \$2,000 earlier this year to improve its healthy food and drink offering, through the help of Fuel to Go & Play[®] team support, has been touted a success story.

In just a few months the club has increased its "green" (healthy) menu items by more than 50 per cent and decreased its "red" (unhealthy) menu items by 85 per cent.

Canteen menu items such as tomato and cheese wraps, pumpkin soup, fruit, and muesli slice are now some of the nutritious delights on offer.

To find out more about the Healthy Sports Program visit www.healthway.wa.gov.au.

Comments attributed to Healthway Lotterywest CEO Ralph Addis:

"Sporting clubs and district associations play a vital role in the health and wellbeing of children and young people and can positively influence the consumption of healthy food and drinks.

"This funding supports organisations to create healthy environments and make healthy change for the benefit of our communities.

"We encourage all eligible clubs and associations to apply."

Comments attributed to Mirrabooka Squash Club coordinator Serena Richardson:

"People could see that we were working hard to make our menu options healthier for their benefit and really appreciated that.

"The greatest outcome for us is the increased awareness of healthy food and drink options. Everyone now understands that our Club is committed to the health and wellbeing of all our members.

Public

“We intend to apply again, this time for a refrigerated water fountain and smoothie machine to enhance our healthy canteen even further.

“All sporting clubs should take advantage of this fantastic funding opportunity.”

Successful applicants include:

Organisation	Funded amount
Joondalup Giants Rugby League Club	\$4,000
Collie Netball Association	\$2,000
Nollamara Sports & Recreation Club (1983) INC	\$4,000
Albany Equestrian Centre Association Inc	\$3,500
UWA Tennis Club	\$2,000
Byford Bushrangers Inc	\$2,000
Australian Miniature Horse Society Inc WA Branch	\$2,000
Kwinana Tigers Hockey Club	\$4,000
Belmont Saints Squash Club	\$4,000
Dragon Fire Netball Club Incorporated	\$2,000
Hedland Amateur Swimming Club	\$1,150
Mandurah Mustangs Football and Netball Club	\$1,600
Mandurah Triathlon Club	\$2,000
Collie River Valley Little Athletics Club	\$2,485
Exmouth Yacht Club	\$4,000
Total:	\$40,735

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