

15 November 2022

Creating healthy racing events

Healthway is proud to announce that it will continue to work with WA Gravity Enduro to promote healthy lifestyles at its events for a further two years.

WA Gravity Enduro operates the largest mountain bike event series in Australia. Each event attracts an average of 500 riders and 250 spectators across nine annual events - culminating in the State Championships this weekend at Linga Long Bike Park, Balingup.

Healthway works with WA Gravity Enduro to encourage the community to maintain healthy lifestyles through a range of initiatives including presentations on fitness, healthy eating, and mountain biking.

This year was the first time Healthway, through LiveLighter, has supported WA Gravity Enduro, which celebrates 10 years of enduro racing next year.

The partnership also ensures healthy food and drink choices are available at all events and participants learn how to keep mentally healthy and physically active every day.

Healthway funds sport, arts, racing, and community events to help WA communities create programs and activities that support good health now and into the future. To find out more visit: www.healthway.wa.gov.au.

Comments attributed to Healthway Lotterywest CEO Ralph Addis:

“WA Gravity Enduro is committed to ensuring the mental, physical, and social wellbeing of the racing community.

“In the first year of our partnership we have contributed to reducing the community’s exposure to unhealthy brands and provided access to more healthy food and drink options.

“We are excited to support them for a further two years and look forward to continuing to create a healthier WA together.”

Media contact: Karmen Grzetic/Hermione Coleman media@healthway.wa.gov.au

Public