

18 July 2022

Sport grants to keep young people active

Seven innovative sport programs will share more than \$490,000 in funding to get young people moving.

The sport programs, which include martial arts, frisbee and bike riding, will be co-designed by young people to get them to participate in the sport.

The successful programs received funding through Healthway's Physical Activity Innovation Challenge Project (Innovation Challenge).

The Innovation Challenge funds projects to increase the physical activity levels of inactive young people aged 15-20 years old, those who face health inequities and those who don't engage in regular physical activity or traditional sport.

The following organisations will now work with young people to design sport programs to get them moving:

- Hopetoun Community Resource Centre
- WA Flying Disc Association
- Gymnastics WA
- Tennis West
- Team Connect WA
- WA Cricket
- Westcycle

To find out more about the available Healthway grants visit www.healthway.wa.gov.au

Comments attributed to Healthway Lotterywest CEO Ralph Addis:

"Congratulations to the successful organisations that have received funding."

"The standard of applications was very high with many demonstrating strong evidence as to why their program needed funding.

"The Healthway funding will now support the successful organisations to work with young people to create sport programs that will get them moving.

"The funding will also increase young people's knowledge regarding the benefits of healthy eating and support their mental health and wellbeing by taking part in regular physical activity."

Public

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Successful applicants include:

Organisation	Funded amount	Project
Hopetoun Community Resource Centre	\$25,271	A co-design a program which involves physical activity, mental resilience and healthy eating to lead to positive lifestyle changes in youth.
WA Flying Disc Association	\$25,607	To help engage 15-20-year-olds with its Ultimate WA eight-week coaching program focusing on game skills, team belonging, confidence and empowerment in physical activity.
Gymnastics WA	\$62,809	To provide non-traditional gymnastics-based activities through Gym Warriors Community Collective to inactive 15-20 year olds within community youth centres in both metropolitan and regional WA.
Tennis West	\$90,070	The SocialStrings program focuses on providing disadvantaged youth an opportunity to learn new skills, play modified games and interact socially through tennis.
Team Connect WA	\$96,000	To create opportunities for young women aged 15 – 18, at potential risk of social isolation, to play community cricket.
WA Cricket in collaboration with the Western Australian Football Commission and Basketball WA	\$96,000	In conjunction with the Hedland Aboriginal Youth Sports Connect Initiative, an after school and holiday sport program involving cricket, basketball and AFL.
Westcycle	\$96,398	The Bike-Curious Pilot program focuses on creating opportunities for physically inactive girls and young women aged 15-20 years.
Total:	\$492,155	