моитн

THROAT

FEMALE BREAST

BOWEL

Alcohol is classified as a Group 1 carcinogen. It can damage cells in your body and regularly drinking more than two standard drinks can increase your risk of mouth, throat, breast and bowel cancer.

Did you know... Alcohol consumption causes an increase in levels of oestrogen, which has been suggested to

contribute to the

development of

breast cancer.

MOUTH

THROAT

Over time, alcohol can damage your cardiovascular system including an increased risk of:

STROKE

BRAIN

HEART ATTACK

HIGH BLOOD PRESSURE

LIVER

HEART

LIVER DISEASE

Did you know...
Alcohol
metabolism mainly
takes place in
the liver. Alcohol
consumption
increases the risk of
liver disease which
can lead to:

- Fatty liver
- Alcoholic hepatitis
- Alcoholic cirrhosis

How alcohol can damage your body.

····· BOWEL

Reducing your drinking will reduce your risk.

alcohol thinkagain









Costs of alcohol-related harms Western Australia.







17 Stroke

Number of alcohol-related disease deaths in Western Australia in 2013.







