

20 December 2022

Race around the State a healthy success!

Albany's King River Pony Club has won a popular competition that encourages healthy lifestyles at pony clubs across the State.

The competition is the Pony Club WA's Go for 2&5 Race Around the State, where 'kilometres' are earned each time healthy changes are made by members at a club.

The King River Pony Club, which won a Healthway branded show jump, was recognised for keeping members engaged in the healthy eating message through online quizzes and recipe competitions. The club also completed training on how to run a healthy, profitable canteen and participated in multiple healthy lifestyle workshops.

The Wanneroo Horse and Pony Club claimed second prize (dressage arena letters) while Moonyoonooka Horse and Pony Club claimed third prize (two Healthway water coolers).

Healthway and the Pony Club WA, which recently extended its partnership for a further two years, work together to increase the availability of healthy food and drink options in club canteens and at State events, while engaging its members on initiatives that promote the benefits of healthy lifestyle choices every day.

Pony Club WA has 55 affiliated pony clubs throughout the State and is one of the few State Sporting Associations with more than 50 percent of members living in regional areas.

Comments attributed to Healthway Lotterywest Acting CEO Julia Knapton:

"Pony Club WA plays a key role in developing healthy eating and physical activity habits in children and young people, especially in our regional communities.

"Through our valued partnership we have reduced unhealthy food and drinks offered at clubs and events, and support initiatives that encourage children and young people to adopt healthy eating as part of their everyday life in a fun way.

"Congratulations to all clubs that took part in the competition this year, and congratulations to the winners."

Comments attributed to Pony Club WA CEO Rick Gill:

"We've had massive success in delivering health promotion initiatives to our clubs State-wide and pleased to see so many clubs and members get involved in our annual Go for 2&5 Race Around the State Competition.

"We have seen a great increase in regional club engagement through this competition and some fantastic 'Dream Canteens' and 'Healthy Recipe' suggestions provided by members.

“Pony Club WA is excited to watch our partnership with Healthway grow and continue to work with them to deliver the important message of healthy lifestyles to our members.”

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