

HOW TO PLAY A-B-C BINGO!

- 1 Give each player **two copies** of the same bingo card (ie. Player one gets **1A** and **1B** etc). For more than 6 players, just print doubles - it doesn't matter, as everyone will fill their cards out differently.
- 2 Players then need to fill both copies of their card out **identically**. (A few of the squares are already pre-filled to help inspire ideas!)
- 3 They then cut up card B into the individual nine rectangles and give these to the bingo caller.
- 4 The bingo caller shuffles all of the collected cards together then calls them out one-by-one.
- 5 The winner needs to have their whole card covered and must call out, "A-B-C BINGO!"

EXTRA IDEAS:

Encourage players to take home their bingo card to pop on the fridge - giving them the challenge to cross off each activity as they complete it for real!

If you are running this activity in a classroom, leave the cut out rectangles in a box for students to draw out once a week, and encourage them to achieve the specific A-B-C activity they have drawn!

1A BINGO CARD

HOW TO PLAY!

- 1 Fill out both copies (A + B) of this sheet **identically**.
- 2 Cut out your answers on **sheet B** into nine individual cards and give these to the bingo caller.
- 3 Cut out the tokens on **sheet B** to use to cover your bingo card when the caller calls out a matching activity.
- 4 Once all your squares are covered, call out, "A-B-C BINGO!"

STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping



<p>BE ACTIVE outdoors by:</p> <p>flying a kite</p>	<p>I can BELONG by:</p>	<p>COMMIT to:</p>
<p>BE KIND by:</p>	<p>COMMIT in your community by:</p> <p>joining a club</p>	<p>I can BELONG by:</p> <p>playing a fun game with my friends</p>
<p>BE ACTIVE at school by:</p>	<p>BE KIND to friends by:</p>	<p>BE ACTIVE by:</p>

Give these cards to the bingo caller! ↓

ACT

means do something, keep active in as many ways as you can!

BELONG

means do something with someone, keep connected to friends and family; get involved in groups or join local community activities.

COMMIT

means do something meaningful, commit to a cause, learn new skills or take up a personal challenge.



BE ACTIVE outdoors by:

flying a kite

I can BELONG by:

COMMIT to:

BE KIND by:

COMMIT in your community by:

I can BELONG by:

joining a club

playing a fun game with my friends

BE ACTIVE at school by:

BE KIND to friends by:

BE ACTIVE by:



2A BINGO CARD

HOW TO PLAY!

- 1 Fill out both copies (A + B) of this sheet **identically**.
- 2 Cut out your answers on **sheet B** into nine individual cards and give these to the bingo caller.
- 3 Cut out the tokens on **sheet B** to use to cover your bingo card when the caller calls out a matching activity.
- 4 Once all your squares are covered, call out, "A-B-C BINGO!"

STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping



BE KIND by:	I can BELONG by:	BE ACTIVE outdoors by: going for a walk
COMMIT to: exercising every day	BE ACTIVE by:	COMMIT at school by:
I can BELONG by:	COMMIT in your community by:	BE KIND to family by: helping with the dishes

Give these cards to the bingo caller! ↓

ACT

means do something,
keep active in as many ways
as you can!

BELONG

means do something with someone,
keep connected to friends and family;
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community activities.

COMMIT

means do something meaningful,
commit to a cause, learn new skills or
take up a personal challenge.



BE KIND by:

I can BELONG by:

BE ACTIVE outdoors by:

going for a walk

COMMIT to:

exercising every day

BE ACTIVE by:

COMMIT at school by:

I can BELONG by:

COMMIT in your community by:

BE KIND to family by:

helping with the dishes



3A BINGO CARD

HOW TO PLAY!

- 1 Fill out both copies (A + B) of this sheet **identically**.
- 2 Cut out your answers on **sheet B** into nine individual cards and give these to the bingo caller.
- 3 Cut out the tokens on **sheet B** to use to cover your bingo card when the caller calls out a matching activity.
- 4 Once all your squares are covered, call out, "A-B-C BINGO!"

STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping



I can BELONG by: writing a letter to a relative	BE KIND at school by:	I can BELONG by:
COMMIT to:	BE ACTIVE by: exercising every day	COMMIT at school by:
BE KIND by: smiling	I can BELONG by:	BE ACTIVE at home by:

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I can BELONG by:

writing a
letter to a
relative

BE KIND
at school by:

I can BELONG by:

COMMIT to:

BE ACTIVE
by:

COMMIT
at school by:

exercising
every day

BE KIND by:

I can BELONG by:

BE ACTIVE
at home by:

smiling



HOW TO PLAY!

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- 3 Cut out the tokens on **sheet B** to use to cover your bingo card when the caller calls out a matching activity.
- 4 Once all your squares are covered, call out, "A-B-C BINGO!"



BE ACTIVE with friends by:

I can BELONG by:

BE KIND in the community by:

COMMIT to:

practising an instrument

BE ACTIVE by:

COMMIT at school by:

BE KIND by:

I can BELONG by:

BE ACTIVE at home by:

face timing my friends

playing with the dog

STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping



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BE ACTIVE with
friends by:

I can BELONG by:

BE KIND in
the community by:

COMMIT to:

practising an
instrument

BE ACTIVE
by:

COMMIT
at school by:

BE KIND by:

I can BELONG by:

BE ACTIVE
at home by:

face timing
my friends

playing with
the dog



HOW TO PLAY!

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STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping

COMMIT to:	I can BELONG by:	BE KIND in the community by:
BE KIND at home by: sharing toys	BE ACTIVE by:	COMMIT at school by: asking questions when you need help
I can BELONG by:	BE KIND by:	BE ACTIVE at school by: joining in school sports



Give these cards to the bingo caller! ↓

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BELONG

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COMMIT to:

I can BELONG by:

BE KIND in
the community by:

BE KIND
at home by:

sharing
toys

BE ACTIVE by:

COMMIT
at school by:

asking
questions when
you need help

I can BELONG by:

BE KIND by:

BE ACTIVE
at school by:

joining in
school sports



6A BINGO CARD

HOW TO PLAY!

- 1 Fill out both copies (A + B) of this sheet **identically**.
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- 3 Cut out the tokens on **sheet B** to use to cover your bingo card when the caller calls out a matching activity.
- 4 Once all your squares are covered, call out, "A-B-C BINGO!"

STUCK FOR IDEAS?

ACT: walking the dog, going for a walk, flying a kite

BELONG: playing a fun game with my friends, writing a letter to a relative, face timing my friends or family members, joining a community music group

COMMIT: joining a club, setting yourself a challenge, donating my toys to charity

BE KIND: sharing my toys, helping in the garden, giving positive notes, smiling, helping grandparents go shopping

BE ACTIVE outdoors by:	BE KIND to family by: <i>giving hugs</i>	BE ACTIVE by:
COMMIT to:	BE ACTIVE by: <i>jumping on the trampoline</i>	I can BELONG by:
I can BELONG by: <i>joining a community music group</i>	COMMIT in your community by:	BE KIND by:



6B CUT OUT!

Give these cards to the bingo caller! ↓

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BELONG

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community activities.

COMMIT

means do something meaningful,
commit to a cause, learn new skills or
take up a personal challenge.



BE ACTIVE
outdoors by:

BE KIND
to family by:

BE ACTIVE
by:

giving hugs

COMMIT to:

BE ACTIVE by:

I can BELONG by:

jumping on the
trampoline

I can BELONG by:

COMMIT in your
community by:

BE KIND by:

joining a
community
music group

