

Policy position: Minimum health policy requirements

Purpose

This policy outlines Healthway's minimum health requirements for all Healthway funded organisations as a condition of funding. These requirements must be incorporated and implemented into an organisational health policy.

Background

To ensure funded activities align with Healthway's core purpose of promoting and facilitating good health to encourage healthy lifestyles in Western Australia (WA), a number of minimum requirements are applied as a condition of all funding agreements. These minimum requirements are aligned to Healthway's strategic priorities.

Policy approach

Healthway funded organisations are required to meet the conditions of funding as outlined below (where appropriate to the funded activity(ies)) in the table, Minimum Health Requirements – Conditions of Funding. Healthway funded organisations may also have additional conditions applied to their funding Agreement for the purposes of enhancing health promotion outcomes.

In addition to the mandatory conditions of funding, Healthway also strongly encourages a number of other practices relating to inclusivity and sustainability aligned to Healthway's vision of a healthy WA. These are outlined in the table below, Other Considerations.

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Last update: February 2020

Review: This policy will be reviewed in December 2021.

Minimum healthy policy requirements

Minimum Health Requirements – Conditions of Funding
Increasing healthy eating
<ul style="list-style-type: none">• Healthy food and drink options are available• Unhealthy food/drink (or vouchers for same) are not provided as prizes or awards• Free drinking water is available
Increasing physical activity
<ul style="list-style-type: none">• Safe warm-up practices for physical activity are adhered to
Preventing harm from alcohol
<ul style="list-style-type: none">• Alcohol (or vouchers for same) is not provided as prizes or awards• Low strength alcohol and non-alcoholic choices are available• There are no activities or promotions that encourage rapid consumption of alcohol (e.g. discounted drink prices, happy hours, drinking competitions)• Alcoholic drinks are served in standard-sized drink portions• There are no promotions or event names that glamorise getting drunk or imply that getting drunk is desirable
Creating a smoke-free WA
<ul style="list-style-type: none">• All indoor and outdoor areas under the control of the funded organisation are smoke-free• E-cigarettes/vaping is prohibited• Smoking in the Arts Policy applies to all performances that receive Healthway funding
Sun smart
<ul style="list-style-type: none">• Adequate sun shade is available• Free sunscreen is available

Minimum healthy policy requirements

Other Considerations
Welcome to Country
<ul style="list-style-type: none">• Welcome to Country or Acknowledgement of Country
Access and Inclusion
<ul style="list-style-type: none">• Address access needs, including parking and facilities to help those with physical needs such as people with disabilities, prams, walking aids and so forth• Publicise information regarding access and inclusion prior to funded activities• Provide information in languages other than English• Provide publicity materials that are clear and easily legible• Consider the affordability of the event
Environmental Sustainability
<ul style="list-style-type: none">• Avoid or limit single-use plastics• Consider effective management of waste including recyclable and organic materials• Provide information and promotion of public transport and bike parking options• Minimise printed promotional material• Use sustainable merchandise (no single-use plastics like balloons)• Use energy efficient venue and facilities