

Healthy Schools Program Guidelines

Our Healthy Schools Program works in partnership with Western Australian schools to create a healthier Western Australia (WA).

Applications must be received by **Friday 22 March 2024** via the Lotterywest Healthway Grants Portal.

Please contact our Health Promotion Team to discuss your ideas prior to developing your proposal on **133 777** or email <u>healthway@healthway.wa.gov.au</u>.

KIDDO program. Photo courtesy Waddington Primary School.

Creating a healthier WA together

About the Healthy Schools Program

Healthway works in partnership with Western Australian (WA) schools to create a healthier WA.

These guidelines provide an outline of Healthway's Healthy Schools Program, including details around eligibility requirements, and the request and assessment process.

We are offering grants of up to \$5,000 to WA schools through the <u>Healthy Schools</u> <u>Program</u>. This initiative aims to support schools to deliver projects that promote the health of their students through activities aligned with the Health Promoting Schools Framework.

We are seeking to fund activities related to the promotion of good health among the school community, using a whole-school approach. Funding is available for projects that aim to:

- Increase student health-related knowledge and skills
- Positively change health behaviour
- Improve student health and wellbeing
- Create environments that support good health through implementation of school policies.

In 2024, the Healthy Schools Program will support projects that address at least one of our priority health areas:

- Promote healthy eating
- Promote active living
- Promote mental wellbeing
- Prevent and reduce use of tobacco, e-cigarettes and other novel tobacco products
- Prevent and reduce use of alcohol.

Schools play an important role in encouraging healthy lifestyles from an early age, leading to positive health and education outcomes for students. We remain committed to working with schools and a range of partners to find new and innovative ways to achieve better health for Western Australians that need it the most.

To learn more about how to develop and implement a Healthy Schools project at your school, download the <u>Healthy</u> <u>Schools Program Toolkit</u>. The toolkit has information and resources to help you develop your school project and ensure it is aligned to the Health Promoting Schools Framework.

Eligibility

The Healthy Schools Program is open to all schools across WA.

Requests are particularly encouraged from schools in rural and remote areas, and those with a high proportion of students from Aboriginal and Torres Strait Islander backgrounds, culturally and linguistically diverse communities and/or others experiencing disadvantage. Requests may be submitted by the school, or the Parents and Citizens Association (P&C). Schools who have received funding previously are eligible to apply, conditional on the project being acquitted. We will not be accepting requests for repeat projects.

General Requirements

- Prizes or incentives for the students involved in activities (up to \$200).
- Administrative costs associated with classroom activities or publicity, such as photocopying.
- Up to two days of teacher relief to participate in the preparation and management of the project (up to \$1,000).
- Materials required to make promotional items, for example signs.
- Catering expenses for promotional activities/launch of guidelines/parent activities (up to \$200).
- Equipment costs associated with project delivery (up to \$500).
- Engaging parents and the wider school community in supporting student health and wellbeing (up to \$1,000).

Funds cannot be used for

- Intrastate/interstate travel, camps or conferences.
- Catering and food for an ongoing activity, such as breakfast clubs.
- Capital works, equipment, fundraising, purchase of infrastructure or costs associated with running the school or office. This includes items such as vape detectors.
- School activities that form part of the core curriculum (refer to our Educational Settings policy).
- The advancement or promotion of religion, religious outlook, or faithbased activities.
- Treatment/rehabilitation/counselling/ therapy and direct health service delivery or the provision of food and welfare assistance.
- Projects that are not based on best practice in health promotion.

Requirements for funding

General Requirements

- Projects should be based on best practice, innovative and co-designed with young people where appropriate.
- Projects that address vaping must align with and utilise the Department of Education's <u>Anti-Vaping Toolkit</u> and the Department of Health's campaign <u>Do You Know What You're Vaping?</u> The project team/school staff are also required to view the Department of Education's <u>Addressing e-cigarettes</u> <u>and vaping in school communities</u> pre-recorded presentation (under 'Professional Learning') prior to commencing the project.
- Projects addressing mental health are encouraged to sign up as an <u>Act Belong Commit</u> Mentally Healthy School.
- For projects focusing on active living, funding will be prioritised to activities that promote active transport options. Schools are encouraged to explore the Your Move Schools information and resources to help students get active by increasing walking, scooting and riding to school. Projects addressing healthy eating should ensure appropriate partnerships are established to support the delivery of the project, as outlined in the Healthy Schools Programs Toolkit. Schools are encouraged to sign up as a **Crunch&Sip®** school to access further support and educational resources. **FreshSNAP** also provides free nutrition education consultation services and resources to WA schools as well as guidance to achieve whole-of-school health through healthier food practices, processes and policies.

- Projects addressing alcohol use are encouraged to utilise the Department of Education's <u>Challenges and Choices</u> (K-9) and/or <u>Drug Talk</u> (Year 10-12) teaching and learning resources.
- Projects should use a combination of strategies aligned with a whole-school approach, and the Health Promoting Schools Framework.

Conditions of Funding

 Grant applicants are required to read and agree to our <u>Conditions of Funding</u> as part of a request to Healthway. A Conditions of Funding document that has been signed by the person(s) legally able to enter contracts must be uploaded with your request.

Healthway's Co-Supporters Policy

- Organisations and their affiliates cannot accept any form of funding from tobacco companies or their related foundations or have any direct or indirect arrangements, connections, or dealings with the tobacco industry.
- Organisations may not be eligible for funding if they receive funding or have an association with unhealthy brands or companies (food and drinks, alcohol, and gambling). Please review our <u>Co-Supporters Policy</u> for more information.
- If applicable, please complete the declaration form relating to supporters that use unhealthy brands (monetary or product) either directly or through a third party. The <u>Co-Supporter</u> <u>Declaration Form</u> will need to be attached to your request when it is submitted.

Requirements for funding (continued)

Healthway's Educational Settings Policy

Please review our **Educational Settings Policy** which outlines our approach to funding health promotion projects within educational institutions and associated organisations such as the P&C. Ensure your proposed activities align with the requirements of this policy.

Working with Children

Organisations that receive funding are required to comply with the Working with Children (Criminal Records Checking) Act 2004 and conduct criminal record checks for employees and volunteers as required. More information is available <u>here</u>.

Acquittal

At the conclusion of the Healthy Schools grant, the school or P&C will need to:

- Complete an online acquittal report via the Lotterywest Healthway Grants Portal.
- Provide photographs of activities associated with the project.
- Provide a certified financial statement of expenditure as per the approved grant allocation.

East Kimberley College's KIDDO program. Photo by Timbee Photography.

Request and assessment process

Applicants are required to complete a Healthy Communities request form using the instructions provided via the Lotterywest Healthway Grants Portal.

We will assess all requests and recommendations for funding are approved by the Minister for Health. During the assessment process we may liaise with other relevant stakeholders including the partners you identify in the request, Lotterywest and/or other funding partners.

We are looking to fund projects that:

- Aim to improve health and wellbeing in the school community.
- Demonstrate engagement with the broader school community and parents.
- Involve partnerships between health or other groups and organisations working in the school setting, or other local schools.
- Can be run as a pilot, which can be used as a model in other schools.

- Use community-based approaches (rather than one-to-one interventions) which address our priority health areas.
- Build school environments that support change.
- Explore how to scale-up successful strategies and consider sustainability.
- Demonstrate good value for money.

We will assess all requests and recommendations for funding are approved by the Minister for Health. During the assessment process we may liaise with other relevant stakeholders including the partners you identify in the request, Lotterywest and/or other funding partners.





Ready to apply?

- **1.** Contact our Health Promotion Team on 133 777 to discuss your proposal prior to submitting a request.
- **2.** Ensure your school/P&C can meet the Conditions of Funding, comply with these guidelines and the Co-Supporters Policy.
- **3.** If you have received Lotterywest or Healthway funding previously, ensure your organisation's details are up to date in the Lotterywest Healthway Grants Portal. If you are applying for funding for the first time, register your organisation and user details in the Portal.
- **4.** Complete your request through the <u>Lotterywest Healthway Grants Portal</u>. All sections, including the required attachments, must be completed. Review the instructions at the end of these guidelines on how to complete the online form.
- 5. Prepare the supporting documents to submit with your request, including:
 - Project budget and supporting documents.
 - Where appropriate, documents that support you working in partnership.
 - Co-supporters Declaration Form (if applicable).
 - Conditions of Funding document that has been signed by the person(s) legally able to enter contracts on behalf of the organisation.
 - Any other document to support your request e.g. letters of support.
- **6.** Confirm all information is accurate as your organisation will be required to submit an acquittal report based on the information you provide in your request.
- 7. Submit the request with all required attachments via the Lotterywest Healthway Grants Portal by **Friday 22 March 2024**.

Lotterywest Healthway Grants Portal

Prior to submitting a grant request your organisation needs to be registered through the Lotterywest Healthway Grants Portal.

At the end of these instructions is a checklist to ensure the required mandatory documents are attached. Depending on the entity type (government school, independent school or P&Cs) different documents may be required.

If your organisation is not yet registered, go to <u>http://lotterywesthealthway.fluxx.io</u> and follow the Grantee how-to guide. If you require further assistance, please contact our Customer Service Team on 133 777.

Request funding

 Open the Grants Portal at <u>lotterywesthealthway.fluxx.io</u> and enter your username and password.



2. Select 'Request Funding'.



3. Select 'Healthway'.

	Litterywest healthway
	Lotterywest
Lotterywes	t is committed to serving the community of Western Australia through impactful community grants.
The only G	overnment owned and operated lottery in Australia, we have been supporting the WA community for over 90 years.
The grants	are allocated in line with our vision to "build a better Western Australia together".
	grassroots and community initiatives as well as work with sectors who are developing solutions to help achieve a deeper, wider impact, or that will leave a significant community legacy.
Lottery	vost Grant Funding Page
	Healthway
We fund sp	real critical way orts, arts, community activities, health promotion projects and research to inspire Western Australians, especially young people, to live healthier lives.
We work w Western Au	th the organisations we fund to create healthy programs and activities, and promote messages about good health you see in the community throughout strails.
Healthw	wy Grant Funding Page

4. Scroll down and select 'Request Healthy Communities Funding'.

Note: Healthy Schools applicants are not required to review the Healthy Communities Grant guidelines.

Austra	leality: Communities Program funds a range of health promotion activities and campaigns to promote and encourage healthy lifestyles for all Western alians. Applications for innovative, sustainable health promotion projects that reach target groups outlined in our strategic plan are strongly rated.
Our H	eality Communities Program also supports projects that aim to increase individual knowledge and skills, change behaviour, and create community we mental health and wellbeing.
For C	ommunity Event funding please refer to the Healthy Partnership Program guidelines.
Find	out more about the program and request funding here:

5. Select 'Up to \$5,000 Healthy Communities'.

Program	
Which program are	you applying for?
Up to \$5,000 He	ealthy Communities
Over \$5,000 He	althy Communities
O Aboriginal Healt	th Project Funding up to \$10,000
If you are applying fo	r the Healthy Schools Program 2024, please select Up to \$5,000 Healthy Communities
Project Title	
Project Title	

6. Fill in all mandatory fields (bolded) and attach required documents.

Before starting your	request, please review your organis	sation's	details, this includes:
Latest Financial : Annual Report or Latest list of Boa		her gove	vnance documents.
			and Close] at the bottom of this page and then select 'Organisation' in on's details are up-to-date, please tick the box below.
I have reviewed	my organisation's information in	the Por	tal and have provided updated information where needed.
People added to you		nction be	iow will be instantly granted access to the Grants Portal and will be able to
People added to you view your organisatio	organisation using the "Add New" fun	nction be	iow will be instantly granted access to the Grants Portal and will be able to
People added to you	r organisation using the "Add New" fun n's information including requests, grav	nction be	iow will be instantly granted access to the Grants Portal and will be able to

Request form information

1. Program Overview

The Healthy Schools Toolkit provides additional information and some ideas to get you started.

5

2. Health Issue

Define and explain the importance of your chosen health issue/s in the school community. How was this health issue identified in the school community? Justify with supporting data where possible.

	of Healthway's strategic priorities the project seeks to address (you may select more than one) and/or nominate promotion issue by selecting 'other'.
Increasing	physical activity
Increasing	healthy eating
Aboriginal	nealth
Other	
ossible. Outl	ne the opportunity the project will provide to address Healthway's strategic priorities.
1	

3. Project timelines

Project start date must be after 15 July 2024. Requests for projects commencing before Term 3 2024 will not be considered.

Nonmerse yar yar nganti nud anni at Natibusy with al ngund stakshnersa at Nati bur calendar notele, por le commercement el y sur project attat data:	Timeline	▼ Timeline				
Project start date: 18	Remember your reques	Remember your request must arrive at Healthway with all required attachments at least four calendar months prior to commencement of your				
Project finish date:		8				
	Project finish date:	8				

4. Project objectives and strategies

When planning your project objectives and strategies, consider the three key components of the Health Promotion Schools Framework (education, environment and partnerships - see

Healthy Schools Program Toolkit

for more information). Finally, your evaluation should measure the achievement of your objectives.

	es: it below y	our health p	romotion o	bjectives	s. Your objectives need to be "SMART" - Specific, Measurable, Achievable, Relev	ant, Time
T:	в /	<u>u</u> -9	S' S	, :=	F	5
trategie		ailed inform	ation on the	e project	I's strategies or activities and how they will support your objectives, health conter	nt and proj
	ovide det				fallawing	
Please pr			lease cons	der the	tollowing.	

See example objectives, strategies, and evaluation measures:

Objectives	Strategies (actions)	Evaluation
Example: Increase knowledge	Adapt your smokefree policy to address e-cigarette use.	The policy is completed and endorsed by the school.
and awareness of the harms of vaping and e-cigarette use	Establish a school working group to guide policy development. Run vaping education sessions for teachers and students utilising the Department of Education resources. Promote the project via the school newsletter.	Record the number of working group members, attendance at each meeting and actions taken. Record the number of teachers, parents and students participating in education sessions. Monitor levels of complaints 3 months and 6 months after the
		changes have been made.

5. Sharing with the school community

This may include promoting the project in the school newsletter or website, or contacting the local media regarding the school's health activities etc. Note: prior to contacting the media, Healthway's media team can support and can be contacted via **media@healthway.wa.gov.au**.

Sharing the resu	lts			
w will you share the	results of your proje	ct to the community	and others?	

6. Budget

The total cost requested from Healthway should not exceed \$5,000.

Year 1	
Amount Requested	
Project Cost	
Total Amount Requested:	\$0.00
Total Project Cost:	\$0.00
Budget Breakdown	
Plasea provida balaw a enacific breakdow	wh and description of how the money will be spent by clicking on the '+' to the left below. Please in
	m your organisation or other sources. Or you can submit your own budget by clicking on the green
	the bar balan. Blasse de set jaclude CCT
button in the Budget Supporting Docume	nts box below. Please do hot include QS1.

See example budget and items:

Description of initiative	Services or product description	Amount requested from Healthway	Amount contributed in-kind or by other confirmed funding source
Example: Vaping education	Cost of relief teacher	\$1000	\$100
for youth to increase knowledge	Promotional item materials	\$200	
and decrease use	Education resources for classroom	\$300	

7. Working with others

Explain how your project will engage with parents and the broader community.

For example, conduct several interactive parent/child activities or community events based on the health issues.

develo ervice	ping this project (e.g. local business, local governm groups) and indicate how they are involved (e.g. m	anisation Consulted' the organisations you have consulted and nent, health agency, Aboriginal Community Controlled Organis egular advice, providing a service or funding etc), artnerships by clicking on the '+' button next to Partnership Su	ations, community, or
	Organisation Consulted	Involvement Type	
Ð			
		ership Supporting Documents	æ

8. Project reach

Healthway will consider how many people will be exposed to health promotion activities through your project. Please indicate in the table the estimated numbers in each population group that may be reached through the project. Note: organisations are reminded of the need to ensure compliance (as applicable) in respect to the Working with Children (Criminal Records Checking) Act 2004.

▼ Project Reach
Please enter the estimated number of people directly involved in the project in Participants/Organisers and the number of Other Participants in the fields below. Please enter 0 if not applicable.
Participants/Organisers
Children (12 years of age and under)
Young People (13-17 years of age)
Aduits (18-54 years of age)
Seniors (aged 55+)
Participant Subtotal Reach: 0
Other Participants
Children (12 years of age and under)

9. Supporting documents

Upload all required documents, including the signed Conditions of Funding Form.

You are required to complete and subm must be signed by your relevant Legal S	it the Healthway Conditions of Funding form as part of this requisignatory(s).	lest. Please note this document
view, download and sign the Healthway	Conditions of Funding form here: Conditions of Funding Form	n
For more information about who can sig	gn the Conditions of Funding click here: Legal Signatories.	
Conditions of Funding		e
Please upload any supporting documents,	, such as letter of support by clicking on the '+' button on the right.	
	Documents	(+)

10. Submit

Click 'Save and Close', when the new page opens, click 'Submit'.







Mandatory documents checklist

State Government funded school

- 1. At the organisation account level:
 - **D** Review account information/attachments to ensure everything is up-to-date
 - □ Include ABN number
 - □ Entity Type = government departments and authorities
 - □ GST Registered = Yes
 - Legal Signatory = Principal (note: a unique email address is required)

The mandatory documents required to validate your account:

- Bank statement or deposit slip (note: we do not require a transaction history)
 - Include bank account name, account number, BSB number on the bank's letterhead.
 - Catholic Schools may attach a letter from the Catholic Archdiocese of Perth Catholic Development Fund (CDF).
- Current financial statements (upload a document stating N/A for State Government funded schools)
- Latest annual report/AGM minutes (upload a document stating N/A for State Government funded schools)
- **2.** At the grant request Level:
 - □ Signed Condition of Funding signed by the Legal Signatory (i.e. Principal)



Mandatory documents checklist

Private/Independent School

- 1. At the organisation account level:
 - **D** Review account information/attachments to ensure everything is up-to-date
 - Include ABN number
 - □ If no ABN number, tick the box "My organization does not have an ABN", and
 - Download, complete and attach an "ATO Statement by Supplier" Form signed by an authorized member of the committee.
 - Entity Type = Incorporated
 - □ GST Registered = Yes or No
 - Legal Signatory = President/Chairperson of the Committee

The mandatory documents required to validate your account:

- Board/committee member list
- Bank statement or deposit slip (note: we do not require a transaction history)
 - Include bank account name, account number, BSB number on the bank's letterhead.
- Constitution/Model Rules
- Current financial statements
- Latest annual report/AGM minutes
- 2. At the grant request Level:
 - Signed Condition of Funding Signed by the President/Chairperson and one other committee member (e.g. Treasurer)



Mandatory documents checklist

School Parents and Citizens Association Incorporated

- **1.** At the organisation account level:
 - **D** Review account information/attachments to ensure everything is up-to-date
 - □ Include ABN number
 - □ If no ABN number, tick the box "My organization does not have an ABN", and
 - Download, complete and attach an "ATO Statement by Supplier" Form signed by an authorized member of the committee.
 - Entity Type = Incorporated
 - □ GST Registered = Yes or No
 - Legal Signatory = President/Chairperson of the Committee

The mandatory documents required to validate your account:

- □ Board/committee member list
- Bank statement or deposit slip (note: we do not require a transaction history)
 - Include bank account name, account number, BSB number on the bank's letterhead.
- Constitution/Model Rules
- Current financial statements
- Latest annual report/AGM minutes
- 2. At the grant request Level:
 - Signed Condition of Funding Signed by the President/Chairperson and one other committee member (e.g. Treasurer)



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